

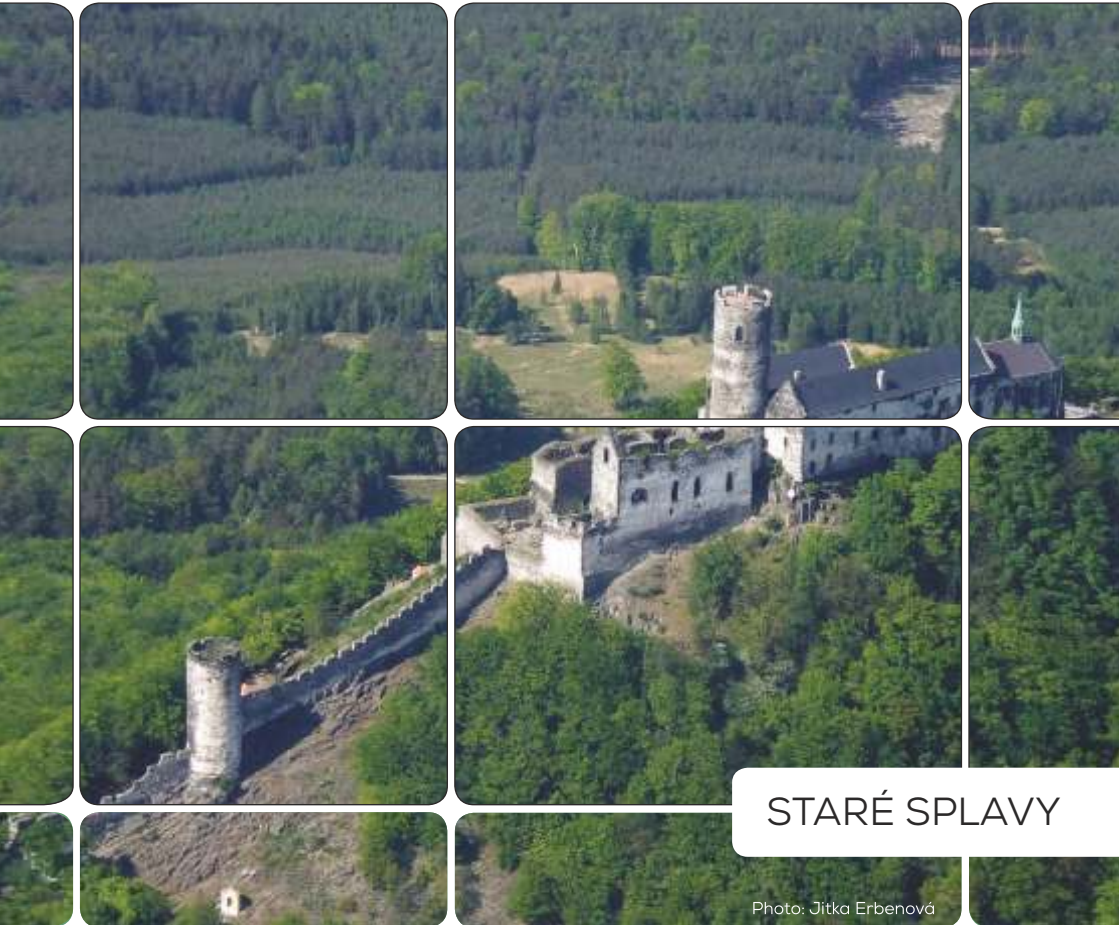


the home of neurology

ean

SPRING SCHOOL

MAY 12 - 15, 2016



STARÉ SPLAVY

Photo: Jitka Erbenová

GENERAL

Motto	4
Welcome message	5
About the EAN	7
Local arrangements committee	11
General information	12
List of lecturers	15
Scientific programme	18
Scientific programme summary	22
Groups	23
Cultural programme	24
Invitation to the Czech Republic	25
About the venue	26
Mělník Castle	29
Prague	31
List of participants	32
Notes	38
Acknowledgements	39

Carmen cantatum neurologicum

Neu - ro - lo - o - gi - a
 a - mi - ca me - a!
 Ser - vus tu - us te a -
 ma - bo ho - nes - ta - a de
 - a.

2. Neurologia
 vis fanatica
 hostes omnes superabit
 eius logica.

3. Neurologia
 sors mea dura
 ut florendae scientiae
 mihi sit cura !

4. Neurologia
 ars mea pia
 Numquam enim finietur
 eius gloria !

5. Neurologia
 est infinita.
 Fides firma semper lucet
 in nostra vita !

Lyrics: prof. Dr. Jan Stýblo, CSc.

DEAR COLLEAGUES,

Staré Splavy, the EAN Spring School, is a magic name for generations of young European neurologists. Pavel Kalvach,

a former vice president of the EFNS, is the driving force behind this, initially an EFNS/ENS and since last year an EAN Spring School which has become a tradition. Since its foundation, 16 years ago, over 1400 young neurologists from 50 countries have been taught in an interactive way by distinguished teachers the art of neurology. Over the years over 30 different topics have been covered by over 130 faculty speakers from over 20 countries, but also many cultural events, concerts and visits were offered. A very important, the magic aspect, however, is human social interaction among the future elite of truly European Neurologists. It's the friendships created among participants from many different countries and from many different cultures. It's

the possibility offered for stimulating discussions about scientific, clinical and cultural issues, the mutual exchange of ideas and the closeness and availability of specialists for informal discussions. This year's topics covered by speakers from 7 countries will be Movement Disorders, Epilepsy and Palliative care in neurology "from mental state to brain death".

This year, the president of the EAN, Günther Deuschl, the chairwoman of the education committee, Hannah Cock and myself are novices and will participate for the first time as speakers in this traditional event.

We are really looking forward to it and wish all of us a wonderful time in Staré Splavy!

Theodor Landis, chair of the EAN teaching course subcommittee.



WELCOME MESSAGE

2016



ABOUT THE EAN

EXCELLENCE IN NEUROLOGY IN EUROPE

The purpose of the EAN is

- to increase the availability and standards of neurological services;
- to advance the development of neurology as the major medical specialty caring for patients with neurological disorders;
- to encourage collaboration between European national neurological societies;
- to strengthen collaboration between clinical neurology and related professional and lay organisations;
- to support neurological research, encourage research collaboration, and promote dissemination of research results;
- to strengthen the standard, availability and equality of neurological education for neurologists and affiliated/related health professionals;
- to raise awareness among the lay public, media, health care providers and other stakeholders, as well as law and policy makers about the burden and cost of neurological disorders and the benefits which clinical neurology can bring;
- to collaborate with international, national and regional neurological associations and related international health organisations;

The EAN will base its activities on the following five values:

- Professionalism. The EAN will strive to reach the highest scientific standards and to deliver unbiased information in its research and educational activities.
- High ethical standards. The EAN will apply high ethical standards in all its activities within science, education, liaison, and administration, complying with applicable regulations and codes of ethics.
- Involvement. The EAN will strive to involve its members and collaborators in the organisation of research, education and liaison activities.
- Independence. The EAN will operate as a professional and scientific organization, independent from the political or commercial interests of external companies or organisations.

Transparency. The EAN will provide transparency in the organisation of all its scientific and administrative activities.

ABOUT THE EAN

2016

THE EAN IS AN ORGANISATION OF

- 45 European national neurological societies
- 9 associate member societies
- 800 individual members

THE EAN CONSISTS OF

- an Assembly of Delegates of institutional and individual delegates
- elected officers
- 4 committees (+ 2 sub-committees)
- 31 Subspeciality Scientific Panels

MEMBER COUNTRIES

The EAN currently has 21 000 members, consisting of

- Institutional Members, who are either Full Institutional Members or Associate Institutional Members
- Individual Members, who are either Full Individual Members or Associate Individual Members

Full information on membership categories can be found in the EAN Bylaws.

ASSEMBLY OF DELEGATES

The democratic heart of the EAN is the Assembly of Delegates, consisting of Individual Delegates and National Delegates representing the 47 member nations of the EAN.

EAN BOARD

PRESIDENT

VICE PRESIDENT

SECRETARY GENERAL

TREASURER

CHAIR SCIENTIFIC COMMITTEE

CHAIR LIAISON COMMITTEE

MEMBER AT LARGE

CHAIR EDUCATION COMMITTEE

CHAIR PROGRAMME COMMITTEE

Günther Deuschl, GERMANY

Franz Fazekas, AUSTRIA

Didier Leys, FRANCE

Marianne de Visser, THE NETHERLANDS

Antonio Federico, ITALY

David B. Vodusek, SLOVENIA

Per Soelberg Sørensen, DENMARK

Hannah R. Cock, UK

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Eveline Sipido
Julia Scheidl

LIAISON OFFICER
ADMINISTRATIVE OFFICER
/QUALITY MANAGER

The address of EAN Head Office is the official address. The Head Office is in charge of the general administration of the organization. The Head Office is the centre of information, communication and coordination of the EAN.



ABOUT THE EAN

2016

Administration of the EAN Spring School and EAN Clinical Fellowship Programme:

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EAN SPRING SCHOOL

LOCAL ARRANGEMENTS COMMITTEE

CHAIRPERSON EAN TEACHING COURSE SUB-COMMITTEE:

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COURSE DIRECTOR

Ing. Magda Dohnalová

CHAIRMAN

Prof. Theodor Landis, MD, SWITZERLAND

Prof. Pavel Kalvach, MD, PhD

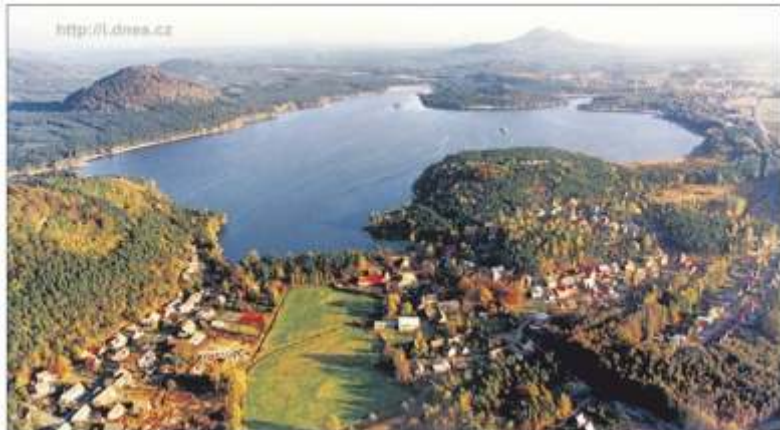
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Kryštof Pohl

Ing. Zdeněk Dohnal

Mgr. Lucia Černická

Bc. Jiří Dohnal



The Mácha's Lake

GENERAL INFORMATION

2016

GENERAL INFORMATION

LOCATION

**Hotel Bezděz**

Lázeňský Vrch 216

471 63 Staré Splavy, Czech Republic

PHONE: +420 487 872 551

FAX: +420 487 873 246

E-MAIL: hotel.bezdez@tiscali.czWEB: hotelbezdez-machovojezero.cz

The hotel lies about 90 km from Prague at an elevation of 270 m above sea. It is situated on the shore of the Macha's Lake, which is surrounded by pine forest and a gorgeous scenery of Bohemian Paradise. The Macha's Lake area is a much-loved recreational locality with an excellent climate, influenced by numerous fishponds and extensive forests.

Accommodation is provided in double rooms with shower, WC, TV-sat and balcony. There is a sandy beach near the hotel, minigolf, tennis courts, a sport hall, rental services for bikes, surfs and boats. The surroundings have good conditions for touristic activities. In the hotel there is a restaurant, daily bar, summer terrace, mini-gym and billiards. To the hotel belongs also the annex „Kouba“, about 50 meters far, which offers accommodation in single till 4 bedded rooms. Prices don't include: sauna, swimming pool, massages, water massages, whirlpool, table tennis, minigolf, tennis, rental services, entrance to the beach. Parking right at the hotel is charged. Dogs are not allowed.

PAYMENTS

You may use the following credit cards for all payments within the hotel Bezděz in Staré Splavy

- VISA
- Maestro Card
- Visa – Elektron Card
- Eurocard- Mastercard

For Czech cash an ATM of the Czech Savings Bank in Doksy village can be used.

HOTEL SERVICES

- Reception desk
- Exchange – office, safes
- Restaurant, day bar with terrace
- Congress hall for 150 people
- WiFi connection installed in the conference hall and bar



The hotel's congress hall

BOARD

Every day you get free of charge

- breakfast – self service, continental breakfast
- lunch (consisting of soup, main course, fruit, desert, mineral water) – self service
- dinner (consisting of main course, fruit, mineral water) – self service

All other meals and beverages during your stay go on your own expenses and you will be charged by the staff of the hotel

SMOKING

Smoking is not allowed in any of the conference rooms. You can have a cigarette during coffee breaks in a room especially reserved for this purpose.

GENERAL INFORMATION

2016

TRAINS AND BUSES

The bus station is about 850 m and the train station is about 700 m from the hotel. Parking place is at the hotel Bezděz.

LIABILITY AND INSURANCE

The organizer will not assume any responsibility whatsoever for damage or injury to persons or property during the course. Participants are recommended to arrange for their personal travel and health insurance.



Photo: Z. Dohnal

View of the Hotel Bezděz

LIST OF LECTURERS

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.....

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SCIENTIFIC PROGRAMME

2016

THURSDAY, MAY 12, 2016 EPILEPSY

MORNING

Hannah Cock, UK

Status epilepticus – start to finish

Ivan Rektor, CZECH REPUBLIC

Treatment options in pharmaco-resistant epilepsy

Jan Novy, SWITZERLAND

Epilepsy: more than seizures, the overall burden of the disease

AFTERNOON

Hannah Cock, UK

Planning and managing pregnancy in women with epilepsy

Ivan Rektor, CZECH REPUBLIC

Neurostimulation in epilepsy

Jan Novy, SWITZERLAND

Management of chronic epilepsy

FRIDAY, MAY 13, 2016 MOVEMENT DISORDERS

MORNING

Günther Deuschl, GERMANY

Tremor

Elena Moro, FRANCE

Non-motor aspects of Parkinson's disease

Carlo Colosimo, ITALY

Movement disorders emergencies

AFTERNOON

Günther Deuschl, GERMANY

Advanced therapies of Parkinson's disease

Elena Moro, FRANCE

Phenomenology of hyperkinetic movement disorders

Carlo Colosimo, ITALY

Differential diagnosis of atypical parkinsonism

SCIENTIFIC PROGRAMME

2016

SATURDAY, MAY 14, 2016 PALLIATIVE CARE IN NEUROLOGY FROM MENTAL STATUS TO BRAIN DEATH

MORNING

Theodor Landis, SWITZERLAND

Mental status in Neurology

David Oliver, UK

The consensus report on palliative care and neurology

Stefan Lorenzl, AUSTRIA

Discussing palliative and end of life care with patients and families

AFTERNOON

Theodor Landis, SWITZERLAND

A tour around the brain

David Oliver, UK

Palliative care and neurology – collaboration and communication

Stefan Lorenzl, AUSTRIA

Palliative care in movement disorders

SUNDAY, MAY 15, 2016
**NEUROLOGY IN THE WORLD – present state
and perspectives**

MORNING

Hannah R. Cock, EAN EDUCATION COMMITTEE CHAIR
European Board Examination in Neurology

Alena Šteflová, WHO PRAGUE, CZECH REPUBLIC
WHO priorities in brain and nerve diseases

Helena Rösslerová, LUNDBECK, CZECH REPUBLIC
Lundbeck Institute -educational systems in neurosciences

Panagiotis Zis, RESIDENTS & RESEARCH FELLOWS REPRESENTATIVE
Postgraduate education in neurology, opportunities and organizations
for neurologists in training
How to apply for a grant

SCIENTIFIC PROGRAMME

2016

WEDNESDAY, MAY 11, 2016 ARRIVAL

THURSDAY, MAY 12, 2016	FRIDAY, MAY 13, 2016	SATURDAY, MAY 14, 2016	SUNDAY, MAY 15, 2016
07:00 – 07:30 Registration			
08:00 – 09:00 Opening Ceremony			
09:00 – 09:50 Lecture Hannah R. Cock UK	08:30 – 09:20 Lecture Günther Deuschl GERMANY	08:30 – 09:20 Lecture Theodor Landis SWITZERLAND	08:30 – 09:00 Lecture Hannah R. Cock UK
09:50 – 10:40 Lecture Ivan Rektor CZECH REPUBLIC	09:20 – 10:10 Lecture Elena Moro FRANCE	09:20 – 10:10 Lecture David Oliver UK	09:00 – 09:25 Lecture Alena Šteflová CZECH REP.
10:40 – 11:10 Break	10:10 – 10:40 Break	10:10 – 10:40 Break	09:25 – 10:00 Lecture H. Rösslerová CZECH REP.
11:10 – 12:00 Lecture Jan Novy SWITZERLAND	10:40 – 11:30 Lecture Carlo Colosimo ITALY	10:40 – 11:30 Lecture Stefan Lorenzl AUSTRIA	10:00 – 10:30 Break
12:00 – 13:00 Lunch	11:30 – 12:30 Lunch	11:30 – 12:30 Lunch	10:30 – 11:00 Panagiotis Zis UK
14:00 – 14:50 LH Cock R1 Rektor R2 Novy	13:30 – 14:20 LH Deuschl R1 Moro R2 Colosimo	13:30 – 14:20 LH Landis R1 Oliver R2 Lorenzl	11:00 – 11:30 Closing Ceremony
15:00 – 15:50 LH Cock R1 Rektor R2 Novy	14:30 – 15:20 LH Deuschl R1 Moro R2 Colosimo	14:30 – 15:20 LH Landis R1 Oliver R2 Lorenzl	11:30 – 12:30 Lunch
15:50 – 16:10 Break	15:20 – 15:40 Break	15:20 – 15:40 Break	13:30 – 22:30 Excursion to Prague
16:10 – 17:00 LH Cock R1 Rektor R2 Novy	15:40 – 16:30 LH Deuschl R1 Moro R2 Colosimo	15:40 – 16:30 LH Landis R1 Oliver R2 Lorenzl	
17:30 – 18:30 Dinner free evening	17:00 – 22:30 Mělník Castle	17:00 – 18:30 Dinner free evening	LH = Lecture Hall R1 = Room 1 R2 = Room 2

MONDAY, MAY 16, 2016 DEPARTURE- 6:00

GROUP 1

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Albania, Armenia, Belarus, Belgium, Bosnia & Herzegovina, Croatia, Czech R., Latvia, Romania

GROUP 2

.....

Egypt, Estonia, Italy, Kyrgyzstan, Lebanon, Moldova, Morocco, Russia, Sudan, Tunisia

GROUP 3

.....

Finland, Greece, Hungary, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, The Netherlands, Turkey, United Kingdom, Ukraine, Uzbekistan

CULTURAL PROGRAMME

2016

CULTURAL PROGRAMME

Thursday, May 12, 2016**Free evening**

Optional trip – Bezděz Castle *)

Friday, May 13, 2016**17,00** Visit to the **Mělník Castle**
Castle, dinner**Saturday, May 14, 2016****Free evening**

Optional trip – Bezděz Castle *)

Sunday, May 15, 2016**11,00** Spring School **closing ceremony** and assignment of certificates
to the participants**13,30 Excursion to Prague**

free programme – sightseeing of the Prague Castle with St.Vitus' Cathedral, St. Nicholas' Church, Charles Bridge, National Theatre, Old Town Hall and the Astronomical Clock

*) Optional trip to the Bezděz Castle – on Thursday or on Saturday late afternoon after the educational programme. Please note that it depends on the current whether.

Approx. price 160,- CZK (train ticket, entrance fee)

INVITATION TO THE CZECH REPUBLIC



Legend has it that Čech, the forefather of the Czech nation, ascended the mountain called Říp accompanied by his kindred. Since that time the country has born Čech's name.

The Czech Republic does not have access to the sea. The main watershed divides the catchment areas of the North, the Baltic and the Black seas. The closest seas are the Baltic and the Mediterranean – both of which are very popular destinations for Czech travelers. The main rivers running through the Czech republic are the Elbe (Labe – 370 km), Vltava (433 km) in Bohemia, the Morava in Moravia (246 km), the Dyje (306 km), the Oder (Odra – 135 km) and the Opava rivers (131 km) in Silesia.

From a geographical point of view, the Czech Republic lies on the boundary line of two mountain ranges. The hilly western and middle part of Bohemia is formed by the Czech highlands and the slightly higher mountain ranges of Šumava, Český les, Krušné hory, Krkonoše, Orlické hory and Jeseníky. The west Carpathian Mountains (Beskydy) lie in the eastern part of the country.

Area size – with a total area of almost 79000 square kilometers, the Czech Republic is a midsize European country. Its size is comparable to Austria or Ireland and would fit inside France seven times.

The Czech Republic makes up 2% of the European Union. The country comprises three historical lands – Bohemia, Moravia and Silesia. Bohemia is the largest, the area of Moravia is half the size of Bohemia, and the smallest land, Silesia, has an area of approximately 4500 square kilometres.

Administratively, the Czech Republic is divided into 14 regions, one of those being the capital city of Prague. The largest region – Central Bohemia – surrounds Prague from all sides.

The list of the largest cities of the Czech Republic opens with the capital city of Prague, followed by Plzeň, Brno, Liberec and Ostrava.

ABOUT THE VENUE

2016

ABOUT THE VENUE

Doksy and Staré Splavy – are popular holiday resorts in the region around Macha's Lake. The first written reference to this place originates from 1293. The name of Doksy may well originate from the anglosaxon name dox = dark, according to the dark muddy place around the local stream.

The dominant points of the town are the newly reconstructed square, with the Marian sculptural group from 17th century and the St. Bartholomew's Church from the year 1638.

The furnishings of the church are Early Baroque, with Rococo accessories. The portal's main altar, from the years 1670 – 80, holds a statuette of Our Lady of Montserrat (also known as the Black Madonna) from about 1635, which was taken over to the church from the chapel of the castle of Bezdez. It is one of the only three existing copies.

The oldest house in the town is the so-called Hospitalek (Little Hospital), originally a poorhouse and an orphanage; the countess Mary Francis, born in Vrtba, the second wife of Christopher Ferdinand from Heissenstein, had it built in 1669. Today it is a Museum of Karel Hynek Macha.

The town of Stare Splavy, situated on the northern shore of the lake, became part of Doksy in 1850 and has ever since contribute to the development of tourism in the region.



Photo: Z. Dohnal

The Doksy square with the Marian sculpture



Staré Splavy - Queen of the Lake

The dominant feature of the region is one of the most important early gothic castles in Bohemia – **Bezděz**. This royal castle was built on a hilltop (638 m a.s.l.) between 1260-1279 by a Czech king Přemysl Otakar II. The king Václav II. with his mother Kunhuta were held here as prisoners. During the 30years war (1618-1648) the castle was burned down by Swedish soldiers. Later it has been turned into a Benedictine monastery. After the Benedictines have left around the year 1785, the castle became deserted. It became a romantic ruin, which is described in many works by the most important Czech romantic poet – Karel Hynek Mácha.



The Bezděz Castle

ABOUT THE VENUE

2016

Karel Hynek Mácha (1810-1836) is the founder of modern Czech poetry. The castle Bezděz with the Velký rybník (big pond) became an inspiration for his best known poem "**Máj**". This beautiful poem features a tragedy of 3 people. Jarmila and Vilém are lovers. Jarmila was seduced by Vilém's father. Vilém kills Jarmila's seducer without knowing it is his own father. For this murder he is put in prison and executed. Jarmila commits suicide by jumping into the lake.

*Byl pozdní večer – první máj –
večerní máj – byl lásky čas.
Hrdliččin zval ku lásce hlas,
kde borový zaváněl háj.
O lásce šeptal tichý mech;
květoucí strom lhal lásky žel,
svou lásku slavík růži pěl,
růžinu jevil vonný vzdech.
Jezero hladké v křovích stinných
zvučelo temně tajný bol,
břeh je objímal kol a kol;
a slunce jasná světů jiných
bloudila blankytnými pásy,
planoucí tam co slzy lásky.*

*Late evening, on the first of May –
The twilight May – the time of love.
Meltingly called the turtle-dove,
Where rich and sweet pinewoods lay.
Whispered of love the mosses frail,
The flowering tree as sweetly lied,
The rose's fragrant sigh replied
To love-songs of the nightingale.
In shadowy woods the burnished lake
Darkly complained a secret pain,
By circling shores embraced again;
And heaven's clear sun leaned down to take
A road astray in azure deeps,
Like burning tears the lover weeps.*

Bezděz became a theme for many other works, for example for Smetana's opera **Tajemství** (Secret), which is based on a libretto by Eliška Krásnohorská describing the story of treasure on Bezděz.

ABOUT THE VENUE



Above the confluence of the Elbe and Vltava rivers there was a Slavonic fortified settlement. As early as in the 9th century it was replaced, by an early medieval castle. The settlement under the castle was elevated to the status of a town by Přemysl Otakar II in 1274. Not long after that Mělník was distinguished to be the dowry town of the Czech queens. Although the castle was expanded at least twice in the 15th century, Zdislav Berka of Dubá proceeded to

reconstruct it fundamentally in 1553. The Lobkowitz followed with the next building at the close of the 16th century, the Černín's a century later, and in the second half of the 18th century the manor's interior was refashioned again by the Lobkowitz to whom the building belongs until present.

In the interiors of the manor accessible to public it is possible to behold arts collections of the Mělník branch of the Lobkowitz, including a picture gallery of high quality.

The present owner Jiří Lobkowitz keeps renovating the Castle since 1992.

Cellar vaults from the 14th century

Under the Castle you find a cellar of 1500 m² on three floors with an exhibition of old machines used for the vinification process. Vine cultivation in Bohemia began with the arrival of Christianity in the 10th century, when Princess Ludmila planted the first vineyard in Mělník. In the Middle Ages vine growing and wine making were considered very important activities by the local burghers.

The constant wars in the Czech lands meant hard times, which was also reflected in vine cultivation and in the trade of wine. A significant decline was experienced during the Thirty Years' War in the 17th century, and also



The Mělník Castle

MĚLNÍK CASTLE

2016

INVITATION TO THE CZECH REPUBLIC

industrialisation in the 19th century brought about socio-economic changes leading to a decreased significance for this sector of trade. The Mělník branch of the Lobkowicz family began winemaking in 1753.

Apart from the loss of ownership of the estates, the advent of the socialist regime disrupted the continuity in local winemaking, with the worst of the technological stagnation occurring during the seventies.

Following the restitution of Château Mělník and its winery to its rightful owners in 1992, rapid modernisation of the winery was begun along with a vineyard replanting programme aimed at restoring the good name to the wines of Mělník that they undoubtedly deserve.



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Geographical location - The vineyards of Mělník lie approximately 35 km north of Prague at an altitude of 200 metres above sea level. Mělník forms part of the Czech wine region, one of the northern-most viticultural areas of Europe. The vineyards of Bohemia do not form a contiguous wine region but consist of several vine growing districts situated on the south-facing slopes of the valleys of the rivers Elbe, Vltava, Berounka and Ohře, each with its particular microclimates. The vine growing district of Mělník has 160 hectares under vine making it the largest vineyard area in Bohemia.

Grape varieties grown - Originally Mělník had a large number of old Middle-European grape varieties. Apart from the traditional Burgundian varieties cultivated here, the Riesling, Saint Laurent and Blauer Portugieser vines were introduced in the 19th century. The district of Mělník is a typical site for the cultivation of black grape varieties. 60% of the wine produced by the Lobkowicz Château Winery is red and 40% white.

Black grape varieties: Pinot Noir, Saint Laurent, Zweigeltrebe and Blauer Portugieser.

White grape varieties: Pinot Blanc, Pinot Gris, Riesling, Traminer, Chardonnay Moravian Muscat and Müller-Thurgau.

The oldest vines were planted 40 years ago, however the vineyards are constantly being replanted.

PRAGUE

Since pre-historic times, Prague has been an important trade center. Its location at the Vltava river in the center of Europe proved ideal. It became political center of Bohemia, and in the 10th century, it also became a religious center. In the 14th century, Prague had become the most important city of central Europe. After emperor Charles IV had all the city gate's roofs covered with lead, Prague was dubbed the „Golden City“. It would remain one the most influential cities in Europe until the 20th century.

Today „the City of Hundred Spire's“ is a magnet for tourists, with numerous magnificent towers and churches.

Prague Castle – has grown into unique architectural complex. It contains the gothic St. Vitus Cathedral, a monastery, several towers and many wings of palaces.

The first Prague castle was built in the 9th century. In the 12th and 13th century the castle was fortified and expanded. Around the castle, a small community started to grow. Its neighborhood, now called Lesser Town, obtained city rights in 1857. In the 14th century, under the reign of King Charles the whole castle was renovated.

The Czech coronation jewels – a set of exceptional historical and artistic value that were used for coronations of the Czech kings.

The set consists of the St. Wenceslas Crown with a case and cushion, the royal sceptre with a case, the royal orb with a case and the coronation vestment.

The uniqueness of the Czech coronation jewels is stressed by Emperor Charles IV'.



The jewels are kept in the Crown Chamber of the St. Vitus' Cathedral. The keys are in possession of – the president, the prime minister, the Prague archbishop, the president of the Senate, the chairman of the Chamber of Deputies, the dean of the Metropolitan Chapter and the mayor of Prague.

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2016

The organizers acknowledge with gratitude a generous support given to the EAN Spring School by an unrestricted grant of the Lundbeck International Neuroscience Foundation

Lundbeck International
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The organizers would like to thank for a long-time cooperation to:



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